Mail Carrier Interview Questions

1. Tell me about your qualifications for and your experience handling vehicles and/or mechanized equpiment.
2. What kind of experience do you have maneuvering trucks into loading or unloading positions, following
signals from loading crew and checking that vehicle and loading equipment are properly positioned?
3. Tell me how you plan or adjust routes based on changing conditions, using computer equipment, global
positioning systems (GPS) equipment, or other navigation devices to minimize fuel consumption and carbon
emissions.
4. Tell me about a recent experience you've had working with your hands.
5. Share an experience when you applied new technology or information in your job. How did it help your
company?
6. Tell me about the last time you monitored or reviewed information and detected a problem. How did you
respond?
7. Share an experience you had in dealing with a difficult person and how you handled the situation.
8. What system do you have in place to ensure that mechanical, safety, and emergency equipment is in good
working order?
9. Tell me about an experience in which you analyzed information and evaluated results to choose the best
solution to a problem.
10. Describe your approach to collect delivery instructions from appropriate sources, verifying instructions
and routes.
11. What system have you found helpful to maintain logs of working hours or of vehicle service or repair
status, following applicable state and federal regulations?
12. What kind of experience do you have driving trucks with capacities greater than 3 tons, including
tractor-trailer combinations, to transport and deliver products, livestock, or other materials?

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13. How often do you have to report vehicle defects, accidents, traffic violations, or damage to the vehicles?
Share an example.
14. How do you make sure you are following appropriate safety procedures for transporting dangerous goods?
15. Describe your method to do inventory and inspect goods to be moved to determine quantities and conditions.
16. Share an experience in which you've successfully learned how to handle a new piece of equipment?
17. Name a time when your patience was tested. How did you keep your emotions in check?
18. Are you familiar with equipment, such as truck cab computers, CB radios, and telephones, to exchange necessary information with bases, supervisors, or other drivers?
19. Tell me about a time when you developed your own way of doing things or were self-motivated to finish an important task.
20. How do you remind yourself to check conditions of trailers after contents have been unloaded to ensure that there has been no damage?
21. Provide an example when your ethics were tested.
22. Walk me through how you check all load-related documentation to ensure that it is complete and accurate.
23. Share an experience in which your attention to detail and thoroughness had an impact on your last company.
24. Share an example of when you went above and beyond the "call of duty". (Look for answers that show the candidate is dependable.)
25. Describe methods you have found effective to follow special cargo-related procedures, such as checking refrigeration systems for frozen foods or providing food or water for livestock.

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26. Provide a time when you dealt calmly and effectively with a high-stress situation.
27. Describe an experience when you loaded and unloaded trucks, or helped others with loading and
unloading, operating any special loading-related equipment on vehicles and using other equipment as
necessary.
28. How do you balance cooperation with others and independent thinking? Share an example. (Try to
determine if the candidate has a cooperative attitude or is otherwise good-natured.)
29. Name a time when you performed emergency roadside repairs, such as changing tires or installing light
bulbs, tire chains, or spark plugs.
30. Why is it important to collaborate with other drivers as part of a driving team on some trips? Share an
example.