1. Tell me about a recent experience you've had working with your hands.

2. How do you stay fit in order to perform physical activities that are required in the workplace?

3. Provide an experience in which you effectively cleaned and serviced restrooms.

4. Share an example of when you went above and beyond the "call of duty". (Look for answers that show the candidate is dependable.)

5. Share an experience in which you cleaned floors by sweeping, mopping, scrubbing, or vacuuming.

6. Name a time when your patience was tested. How did you keep your emotions in check?

7. Provide an experience in which your ability to carefully follow directions helped you to be effective in your work.

8. Provide an example when your ethics were tested.

9. Share an experience in which your attention to detail and thoroughness had an impact on your last company.

10. Provide an experience in which you were sensitive to somone's needs or feelings. How did your helpfulness affect your work environment?

11. How do you balance cooperation with others and independent thinking? Share an example. (Try to determine if the candidate has a cooperative attitude or is otherwise good-natured.)

12. Tell me about a time when you developed your own way of doing things or were self-motivated to finish an important task.

13. Describe your experience stripping, sealing, finishing, and/or polishing floors.

14. Share an experience in which you successfully shared a difficult piece of information. (Make sure that the candidate has open lines of communication.)

15. Share an experience in which you cleaned laboratory equipment.

16. Provide a time when you worked in a rapidly evolving workplace. How did you deal with the change? (Make sure the candidate is flexible.)

17. Share a time when you willingly took on additional responsibilities or challenges. How did you successfully meet all of the demands of these responsibilities? (Make sure the candidate is a self-starter and can demonstrate some initiative.)

18. Describe your experience steam cleaning or shampooing carpets.

19. Share an experience in which your diligence of inspecting equipment, structures, or materials helped you identify a problem or the cause of a problem.

20. Provide a time when you dealt calmly and effectively with a high-stress situation.

21. Share an experience in which you repaired a heating, cooling, ventilating, plumbing, and/or electrical system.

22. Share an example of when you established and accomplished a goal that was personally challenging. What helped you succeed?

23. Provide an example of when you were persistent in the face of obstacles.

24. Tell me how you organize, plan, and prioritize your work.

25. Provide an experience in which you moved heavy furniture.

26. Provide an experience in which you cleaned a building interior damaged by fire, smoke, or water.

27. Tell me about the last time you monitored or reviewed information and detected a problem. How did you respond?

28. Share an experience in which your willingness to lead or offer an opinion helped your company.

29. Share an experience you had in dealing with a difficult person and how you handled the situation.

30. Name a time when your creativity or alternative thinking solved a problem in your workplace.