Sports Trainer Interview Questions

1. Walk me through how you evaluate athletes' readiness to play and provide participation clearances when
necessary and warranted.
2. Tell me how you conduct an initial assessment of an athlete's injury or illness to provide emergency or
continued care and to determine whether they should be referred to physicians for definitive diagnosis and
treatment.
3. What is the most challenging part of caring for athletic injuries, using physical therapy equipment,
techniques, or medication?
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4. Share a practical way to assess and report the progress of recovering athletes to coaches or physician
5. Describe an example when you Instructed coaches, athletes, parents, medical personnel, or community
members in the care and prevention of athletic injuries.
6. Share with me how you plan or implement comprehensive athletic injury or illness prevention programs.
7. What kind of experience do you have performing general administrative tasks, such as keeping records or
writing reports?
8. What is the key to success with collaborating with physicians to develop and implement comprehensive
rehabilitation programs for athletic injuries?
9. What have you found to be the best way to apply protective or injury preventive devices, such as tape,
bandages, or braces, to body parts, such as ankles, fingers, or wrists?
10. Please share with me an example of how you helped coach or mentor someone. What improvements did
you see in the person's knowledge or skills?
11. Describe an experience in which you identified the educational needs of your students and successfully
developed a way to teach/train them.
12. Share an experience you had in dealing with a difficult person and how you handled the situation.

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13. Share an experience in which you successfully shared a difficult piece of information. (Make sure that the candidate has open lines of communication.)
14. Tell me about a recent experience you've had working with your hands.
15. How do you stay fit in order to perform physical activities that are required in the workplace?
16. Tell me how you organize, plan, and prioritize your work.
17. Give me an example of when you thought outside of the box. How did it help your employer?
18. Tell me about an experience in which you analyzed information and evaluated results to choose the best solution to a problem.
19. Tell me about the last time you monitored or reviewed information and detected a problem. How did you respond?
20. Share an example of a time you had to gather information from multiple sources. How did you determine which information was relevant?
21. Provide an example when you were able to prevent a problem because you foresaw the reaction of another person.
22. What have you found to be the best way to monitor the performance of your work and/or the work of others? Share a time when you had to take corrective action.
23. Name a time when you identified strengths and weaknesses of alternative solutions to problems. What was
the impact?
24. Please share an experience in which you presented to a group. What was the situation and how did it go?
25. Provide an example of a time when you were able to demonstrate excellent listening skills. What was the situation and outcome?

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26. Provide an example of a time when you successfully organized a diverse group of people to accomplish a
task.
27. Describe methods you have found useful to recommend special diets to improve athletes' health, increase
their stamina, or alter their weight.
28. Describe an experience when you taught sports medicine courses to athletic training students.
29. How often do you conduct research or provide instruction on subject matter related to athletic training or
sports medicine?
30. Walk me through how you confer with coaches to select protective equipment.