

Cooks Helper Interview Questions

1. Describe the methods you have used to clean and sanitize work areas, equipment, utensils, dishes, and/or silverware.
2. Share an example of when you went above and beyond the "call of duty". (Look for answers that show the candidate is dependable.)
3. Provide an experience in which you butchered and cleaned fowl, fish, poultry, and/or shellfish.
4. Share an experience in which you prepared a variety of foods according to specifications by customers or supervisors.
5. Share an experience in which your attention to detail and thoroughness had an impact on your last company.
6. How do you balance cooperation with others and independent thinking? Share an example. (Try to determine if the candidate has a cooperative attitude or is otherwise good-natured.)
7. Share an experience in which you kept accurate records of food used.
8. Provide an experience in which you recorded temperatures of food and food storage areas.
9. Share an experience in which you prepared foods for cooking and serving by washing, peeling, and/or cutting.
10. Describe your experience weighing and measuring ingredients.
11. Share an experience in which you made various salads.
12. Share an experience you had in dealing with a difficult person and how you handled the situation.
13. Share an experience in which you effectively assisted kitchen staff.
14. Provide an experience in which you operated a cash register and handled money.

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15. Provide an example when your ethics were tested.

16. Describe your experience cutting, slicing, and/or grinding meat, poultry, and/or seafood.

17. Provide a time when you dealt calmly and effectively with a high-stress situation.

18. Provide an experience in which you were sensitive to someone's needs or feelings. How did your helpfulness affect your work environment?

19. Share an experience in which you tended a salad bar or buffet.

20. Share a time when you willingly took on additional responsibilities or challenges. How did you successfully meet all of the demands of these responsibilities? (Make sure the candidate is a self-starter and can demonstrate some initiative.)