

## Fitness Director Interview Questions

1. Give me an example of when you thought outside of the box. How did it help your employer?
2. Share an effective method you have used to enforce rules and regulations.
3. Provide an example of a time when you successfully organized a diverse group of people to accomplish a task.
4. Describe a time when you successfully provided personal assistance to a coworker or patron.
5. Share an experience you had in dealing with a difficult person and how you handled the situation.
6. Share an experience in which you successfully shared a difficult piece of information. (Make sure that the candidate has open lines of communication.)
7. How do you stay fit in order to perform physical activities that are required in the workplace?
8. Tell me how you organize, plan, and prioritize your work.
9. Provide an example of a time when you were able to demonstrate excellent listening skills. What was the situation and outcome?
10. What is the key to success when communicating with the public.
11. Please share with me an example of how you helped coach or mentor someone. What improvements did you see in the person's knowledge or skills?
12. Share an experience in which you successfully coordinated with others. How about a coordination effort that was not as successful?
13. Provide an example when you were able to prevent a problem because you foresaw the reaction of another person.
14. Share an example of a time you had to gather information from multiple sources. How did you determine which information was relevant?

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15. Provide an experience in which your ability to actively find ways to help people improved your company or your own work ethic.
16. Please share an experience in which you presented to a group. What was the situation and how did it go?
17. Share an example of when you went above and beyond the "call of duty". (Look for answers that show the candidate is dependable.)
18. Tell me about the last time you monitored or reviewed information and detected a problem. How did you respond?
19. Provide an example when your ethics were tested.
20. Name a time when your patience was tested. How did you keep your emotions in check?
21. Share an experience in which personal connections to coworkers or others helped you to be successful in your work. (Make sure candidate works well with others.)
22. How do you balance cooperation with others and independent thinking? Share an example. (Try to determine if the candidate has a cooperative attitude or is otherwise good-natured.)
23. Provide an experience in which you managed the daily operations of a recreational facility.
24. Describe an experience in which you identified the educational needs of your students and successfully developed a way to teach/train them.
25. Provide an experience in which you were sensitive to someone's needs or feelings. How did your helpfulness affect your work environment?
26. Provide a time when you worked in a rapidly evolving workplace. How did you deal with the change? (Make sure the candidate is flexible.)
27. Provide a time when you dealt calmly and effectively with a high-stress situation.

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28. Tell me about an experience in which you analyzed information and evaluated results to choose the best solution to a problem.
29. Share an experience in which your attention to detail and thoroughness had an impact on your last company.
30. Describe an experience in which you effectively administered first aid.
31. What have you found to be the best way to monitor the performance of your work and/or the work of others? Share a time when you had to take corrective action.
32. Tell me about a time when you developed your own way of doing things or were self-motivated to finish an important task.
33. Tell me about a recreational activity which you organized, led, or effectively promoted interest in.
34. Share a time when you willingly took on additional responsibilities or challenges. How did you successfully meet all of the demands of these responsibilities? (Make sure the candidate is a self-starter and can demonstrate some initiative.)
35. Name a time when your creativity or alternative thinking solved a problem in your workplace.
36. Share an experience in which your willingness to lead or offer an opinion helped your company.
37. Share an experience in which you supervised and coordinated the work activities of personnel (e.g. training staff or assigning work duties). What methods made you successful?
38. Provide an experience that demonstrates your ability to manage time effectively. What were the challenges and results?
39. Please share an experience in which you successfully taught a difficult principle or concept. How were you able to be successful?

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40. Provide an experience in which you conferred with management to resolve a participant complaint.
41. Name a time when you identified strengths and weaknesses of alternative solutions to problems. What was the impact?
42. Provide an experience in which you effectively conducted individual in-room visits with residents.
43. Describe an effective method you have used to explain principles, techniques, and safety procedures to participants in recreational activities.
44. Tell me about the last time you oversaw the work of someone else. How did you effectively motivate, develop, and direct the worker(s)?
45. Share an experience in which you adapted an activity to better meet participant needs.
46. Provide an experience in which you evaluated recreation areas, facilities, and services to determine if they were producing desired results.
47. Share an experience in which collaborating with professional personnel helped you to effectively plan balanced recreational programs.
48. Provide an experience in which you effectively encouraged a participant to develop an activity or leadership skills.
49. Share your experience evaluating staff performance.
50. Share an experience in which your ability to consider the costs or benefits of a potential action helped you choose the most appropriate action.
51. Tell me about an effective special activity or event which you directed.
52. Provide an example of when you were persistent in the face of obstacles.
53. Share an experience in which you provided for entertainment and/or set up related decorations and

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equipment.
54. Share an example of when you established and accomplished a goal that was personally challenging. What helped you succeed?
55. In your experience, what is the key to developing a good team? (Look for how they build mutual trust, respect, and cooperation.)
56. Tell me about a recreational facility or area for which you oversaw the purchase, planning design, construction, and/or upkeep.
57. Provide an example of when you set expectations and monitored the performance of subordinates. What guidance and direction did you find most effective?
58. Share an experience when you applied new technology or information in your job. How did it help your company?
59. How would you rate your writing skills? (Ask for an example that demonstrates great writing skills.)
60. Name a time when your advice to management led to an improvement in your company or otherwise helped your employer.
61. Share an experience in which you used new training skills, ideas, or a method to adapt to a new situation or improve an ongoing one. (Look for the candidate's ability to learn.)
62. Provide a time when you were able to identify a complex problem, evaluate the options, and implement a solution. How did the solution benefit your employer?
63. What are some long-range objectives that you developed in your last job? What did you do to achieve them?
64. In your experience, what is the key to ensuring your company was compliant with all laws, regulations and standards that were applicable to your area of responsibility?

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65. Share an experience in which your understanding of a current or upcoming problem helped your company to respond to the problem.

66. Tell me about a recent experience you've had working with your hands.

67. Describe an experience in which your ability to work well with others and reconcile differences helped your company or employer. (Make sure the candidate knows how to negotiate.)

68. Share an experience in which your diligence of inspecting equipment, structures, or materials helped you identify a problem or the cause of a problem.

69. Describe a time when you successfully persuaded another person to change his/her way of thinking or behavior.

70. Tell me about your last experience recruiting, interviewing, or hiring an employee. What techniques did you find most effective in finding the right person for the job?

71. What is the most challenging part of budgeting for you?

72. Share an effective approach to working with a large amount of information/data. How has your approach affected your company?