

Nutrition Counselor Interview Questions

1. Tell me how you organize, plan, and prioritize your work.

2. Share an effective method you have used to obtain and/or evaluate dietary histories of individuals.

3. Describe a time when you successfully provided personal assistance to a coworker or patron.

4. Tell me about an experience in which you analyzed information and evaluated results to choose the best solution to a problem.

5. Tell me about the last time you monitored or reviewed information and detected a problem. How did you respond?

6. Share an example of a time you had to gather information from multiple sources. How did you determine which information was relevant?

7. Share an example of when you went above and beyond the "call of duty". (Look for answers that show the candidate is dependable.)

8. Share an experience in which you successfully shared a difficult piece of information. (Make sure that the candidate has open lines of communication.)

9. Share an effective approach to working with a large amount of information/data. How has your approach affected your company?

10. Tell me about a major meal which you prepared.

11. Share an experience in which your attention to detail and thoroughness had an impact on your last company.

12. Provide an example when your ethics were tested.

13. Provide a time when you dealt calmly and effectively with a high-stress situation.

14. In your experience, what is the key to ensuring your company was compliant with all laws, regulations and

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standards that were applicable to your area of responsibility?

15. Tell me about a time when you developed your own way of doing things or were self-motivated to finish an important task.

16. Name a time when your patience was tested. How did you keep your emotions in check?

17. How do you balance cooperation with others and independent thinking? Share an example. (Try to determine if the candidate has a cooperative attitude or is otherwise good-natured.)

18. Share an experience in which you supervised food production or service. What methods made you a successful supervisor?

19. Share an experience in which your diligence of inspecting equipment, structures, or materials helped you identify a problem or the cause of a problem.

20. Provide an experience in which you were sensitive to someone's needs or feelings. How did your helpfulness affect your work environment?

21. Provide an experience in which your ability to actively find ways to help people improved your company or your own work ethic.

22. Provide a time when you worked in a rapidly evolving workplace. How did you deal with the change? (Make sure the candidate is flexible.)

23. Provide an experience in which you used nutritional needs and established guidelines to plan a menu or diet or to help an individual in food selection.

24. Share an experience you had in dealing with a difficult person and how you handled the situation.

25. Provide an experience in which you developed effective job specifications, job descriptions, or work schedules.

26. Tell me about a recent experience you've had working with your hands.

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27. What have you found to be the best way to monitor the performance of your work and/or the work of others? Share a time when you had to take corrective action.

28. Please share an experience in which you presented to a group. What was the situation and how did it go?

29. Provide an example of a time when you were able to demonstrate excellent listening skills. What was the situation and outcome?

30. Name a time when your creativity or alternative thinking solved a problem in your workplace.

31. Share an experience in which personal connections to coworkers or others helped you to be successful in your work. (Make sure candidate works well with others.)

32. Share a time when you willingly took on additional responsibilities or challenges. How did you successfully meet all of the demands of these responsibilities? (Make sure the candidate is a self-starter and can demonstrate some initiative.)

33. Describe an effective orientation or in-service education program which you conducted. What methods made you successful?

34. Share an experience in which your willingness to lead or offer an opinion helped your company.

35. Share an effective method you have used to research food, nutrition, and/or food service systems.

36. Provide an effective method you have used to determine food and beverage costs and/or to implement cost control procedures.

37. What is the key to success when communicating with the public.

38. Share an example of when you established and accomplished a goal that was personally challenging. What helped you succeed?

39. Provide an example of when you were persistent in the face of obstacles.

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40. Describe an experience in which you identified the educational needs of your students and successfully developed a way to teach/train them.

41. Tell me about an experience in which you delivered a speech to promote healthy eating habits and illness prevention and treatment.

42. Name a time when you identified strengths and weaknesses of alternative solutions to problems. What was the impact?

43. Share an experience in which your ability to consider the costs or benefits of a potential action helped you choose the most appropriate action.

44. Please share an experience in which you successfully taught a difficult principle or concept. How were you able to be successful?

45. Provide an example when you were able to prevent a problem because you foresaw the reaction of another person.

46. Share an experience in which you successfully coordinated with others. How about a coordination effort that was not as successful?

47. Share an experience in which your understanding of a current or upcoming problem helped your company to respond to the problem.

48. Provide a time when you were able to identify a complex problem, evaluate the options, and implement a solution. How did the solution benefit your employer?

49. Share an experience in which you used new training skills, ideas, or a method to adapt to a new situation or improve an ongoing one. (Look for the candidate's ability to learn.)

50. Name a time when your advice to management led to an improvement in your company or otherwise helped your employer.

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51. Tell me about the last time you oversaw the work of someone else. How did you effectively motivate, develop, and direct the worker(s)?

52. Provide an experience that demonstrates your ability to manage time effectively. What were the challenges and results?

53. How would you rate your writing skills? (Ask for an example that demonstrates great writing skills.)

54. Share an experience when you applied new technology or information in your job. How did it help your company?

55. Share an experience in which you conducted a test of a product, service, or process and successfully improved the quality or performance.

56. How do you stay fit in order to perform physical activities that are required in the workplace?

57. Give me an example of when you thought outside of the box. How did it help your employer?

58. Describe a time when you successfully persuaded another person to change his/her way of thinking or behavior.

59. What is the most challenging part of budgeting for you?

60. In your experience, what is the key to developing a good team? (Look for how they build mutual trust, respect, and cooperation.)

61. Would you consider analyzing data or information a strength? How so?

62. Share an experience in which you've successfully learned how to handle a new piece of equipment?